# How Would You Like Us to Personally Walk You Through the Exact Game Plan I've Used To Completely Eliminate IBS, Bloating, Indigestion, Digestive Distress and Finally Go Anywhere Without The Anxiety Of Finding A Bathroom... Absolutely For Free!

From the Desk of: Jake Thurston Dallas, TX

Dear Friend,

Let's talk about RESULTS for a second:

Every day, our Vital Gut Health clients are emailing us and messaging us, raving about their win

Their first day without digestive distress...

Their first time not having to worry about the closest bathroom...

Growing their health knowledge... getting distinctions that are helping them change their health... information that helps them to heal themselves and having a coach to hold their hand through the entire process...

In fact, if what's being posted on Facebook is any clue...

## In the past 12 months, Vital Gut Health, has helped more people achieve their wildest health goals than ANY other health coach out there.

The only question you need to ask yourself is, "Do I want to hit my health goals in 2018"

If the answer is YES, then I'd love to share with you how we're getting these kinds of results, and I'd like to share it with you for FREE.

Here's how it works...

### Right Now, You're Probably Stuck on One of These 3 Things...

You want are trying to figure out what diet works for you and your body. The RIGHT diet, is the one you're thrilled to do, and you come to under your own conclusion and knowledge...

OR...

You need help implementing the diet plan that you've already discovered works. You want to see results in your body and in your energy...and you want it to happen predictably, like clockwork, so it's 100% dependable and predictable...

OR...

You've tried everything to the best of your ability and nothing has produced results... you want your body to run like a well oiled machine and feel like a teenager again... but you constantly feel lethargic and dread meal times

Which of those sounds more like you?

The good news is that whichever it is, my team and I can show you a plan that will help you make your health goals a reality...

...and we'll do it for FREE.

Consider this:

These are the kinds of results our clients are reaching every single day. If we can help them find their truth, why can't we do it for you?

#### Here's How to Get Our Help for FREE...

We've set aside some time to speak to you over the next few days.

We'll get on the phone for about 45 minutes. On that call, we'll lay out a plan to help you do ANY or ALL of the 3 things we mentioned above.

This plan is going to enable you to hit your health goals this year...and blow right past them...

...while understanding nutrition like you never have before.

It's a bold promise...

But after working with hundreds of clients I feel confident making the claim.

The plan we craft together will be SIMPLE, CLEAR, and light years ahead of anything you've heard from anyone else.

After all, we're the highest-paid health coaches and personal wellness masters on the planet *for a reason*.

We know that if we work together, and you stay persistent, willing to do whatever it takes, and resourceful, there is NO limit to what you can achieve in your health.

This invitation is going out to over 7500 people right now, so as you can imagine, it's going to create a HUGE response.

That's why I need you to read this next part carefully:

#### This is NOT for Everybody. Here's Who I Can Help:

I'm VERY picky about who I'll speak with, and I have a strict (but reasonable) set of criteria that needs to be met in order for us to proceed:

1. You need to be a person that is willing to do anything for your health. Willing to pay any cost (even ice cream) to reach your health goals.

This offer is for people who have tried everything. They had the "this is enough" day years ago and haven't seen any changes. If you can do that, and you want more information on healt someone to be your cheerleader and hold you accountable,…let's talk.

But, if your idea of exercise is filling up the bathtub, pulling the plug, and fighting the current, this program is not for you... Just sayin'...

2. You MUST be an action taker who follows directions. That means you're coachable, decisive, and resourceful. (Don't worry - we won't ask you to do anything weird.)

If you like to "kick tires" or sign up for things and not follow through, this is NOT for you. Maintaining a 100% client success rate is VERY important to me. Please be someone who doesn't mess around, and is serious about results.

That's it - if you meet BOTH of those requirements, we're good.

#### Here's What I Want You to Do Next:

If you meet the criteria above, and you'd like to talk about you achieving some incredible results in your health, then I'll happily set aside some time for you.

Here's what to do next:

Head over to <a href="https://vitalguthealth.com/schedule-your-breakthrough-session-now">https://vitalguthealth.com/schedule-your-breakthrough-session-now</a> and you'll see our calendar. Grab whatever appointment time works for you.

Then you'll be taken to our quick application form. It's very fast and unobtrusive. I just need to know some things about your health, what you've tried, and what you want to accomplish.

That's it!

The initial call will go 45-60 minutes, and it will be the BEST time you have ever spent working on your health.

#### **WARNING - TIME IS A FACTOR!**

This invitation is going out to 7,500+ people today, and there is only so much time available in the schedule.

It's physically impossible for me to work with more than a handful of people, so it is FIRST COME, FIRST SERVED.

If you feel like this is the right opportunity for you, click here, leave your application, and let's talk!

Talk soon,

Jake Thurston