

Easy, Chemical-Free Deodorant

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Gluten Free ~ Aluminum Free

Servings: About 1 cup

Ingredients:

1/2 cup Organic Coconut Oil

1/4 cup Organic Arrowroot Powder

1/3 cup Organic Non-GMO Baking Soda (Aluminum Free)

30 drops Organic Essential Oils (ideas: Frankincense for men, Lavender for women)

Instructions

1. Combine all three ingredients into a small mixing bowl. Whip everything together with a mixer on High Speed until mixed well (OR stir everything together well with a fork).
2. Scoop into a glass jar with a lid. Store your deodorant in a cool, dry place. If you live in a warm climate, store deodorant in the refrigerator to keep oil from melting.
3. Usage: A little goes a long way. Just apply 1/2 of a pea sized amount to each under arm, using fingers to rub in.

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