Chemical Free Deodorant



Author: Brenna, Certified H.H.P. from Optimized Health Team

Servings: About 1 cup

Prep & Cook Time: About 5 minutes

Ingredients

- 1/2 cup Organic Extra Virgin Coconut Oil
- 1/4 cup Arrowroot Powder
- 1/4 cup Aluminum-Free Baking Soda
- 15 drops Lavender or Clove Essential OilOr whatever oil you like!
- 1 Tablespoon Bentonite Clay

Instructions

- 1. Mix all ingredients together in a medium sized bowl. You can use an electric mixer OR just stir with a fork.
- 2. Store in a glass jar! Enjoy!