

Gut Friendly Hot Chocolate



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Servings: 1 Serving

Prep & Cook Time: About 2 minutes

Ingredients

- 1 cup Unsweetened Organic Almond or Coconut Milk
- 1 Tablespoon Raw Organic Cacao Powder
- (to taste) Dash Organic Monk Fruit Powder Extract OR 3-4 drops Organic Stevia (liquid)
- 1 teaspoon Organic Maca Powder, optional
- Dash Cinnamon

Instructions

1. Combine all ingredients into a small saucepan. Taste to adjust sweetness if desired.

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2. Whisk everything together well and heat over medium heat for 1-2 minutes or until just warm but not boiling! Pour into your favorite mug and Enjoy!
3. Serve immediately! Enjoy!