

# Warming Golden Milk



Author: Brenna, Certified H.H.P. from Optimized Health Team

Servings: 1 Serving

Prep & Cook Time: About 4 minutes

## Ingredients

- 1 cup Organic Unsweetened Coconut or Almond Milk
- 1 teaspoon Organic Ground Turmeric
- 1/2 teaspoon Organic Ground Cinnamon
- 1/4 teaspoon Organic Ground Ginger
- 1/4 teaspoon Organic Ground Coriander
- 1 Tablespoon Organic Extra Virgin Coconut Oil
- (to taste) Dash Organic Powdered Monk Fruit Powder Extract OR 3-4 drops Organic Stevia (liquid)

## Instructions

1. Combine all ingredients into a small saucepan. Taste test to adjust sweetness if desired.

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2. Whisk everything together well and heat over medium heat for 1-2 minutes or until just warm but not boiling! Pour into your favorite mug and Enjoy!